



Broadmead

VOICE OF THE RESIDENTS

VOL. IV, NO. 4

COCKEYSVILLE, MD.

JANUARY 1983

Happy New Year

PLANS FOR 1983 PROGRAMS PROMISE COLOR AND VARIETY

What will be going on at Broadmead in the year ahead? Program and Food Service staff committees have already lined up an impressive variety of programs and activities for the new year. Past favorites will return; Residents will share their own talents with us; and new subjects for study and entertainment have already been planned. Here are a few, amongst the many.

Broadmead's first Hobby Show, under the Chairmanship of Samuel Hoover, will exhibit beautiful and unusual handcrafts created by the Residents. A number of exciting life-time collections will be shown, including historical butter-molds, a collection of beautifully decorated Easter eggs, a two-generation autograph collection of famous names. Among the hobbies are expert photography, and Lefty Graham's typewriter art.

Drama has not been overlooked. In fact, Anne Niles announces in this issue a course on classical drama. It will cover the stories of sin, redemption, and rebirth in Aeschylus' Orestis; T. S. Elliot's The Family Reunion; Tennessee Williams, Orpheus Descending, and others.

And this leads us directly to the popular Broadmead Players, who, having concluded their first year with much acclaim, promise at least two productions in 1983.

THE DAYS OF OUR YEARS

The calendar's a blithesome thing
With Hamelin Piper's lull --
The swiftly soaring seasons wing
Like some far-ranging gull,
Whose bearings for his native wharf
All other logic dwarf.

What is a year but fluid nows
That flow to yesterday,
Afloat with jetsam of our vows
And might-have-been's delay;
But Hope is breakfast for the dawn
And memory's marathon.

At New Year's gate, a keeper stands;
We ask him for a light,
To warn of dark unknown demands,
And thus will he invite:
"The world's a bridge to what portends,
The means to prior ends.

"Now place your hand within His Hand
And He for you shall be
Far more than lantern's poor command
Of dappled destiny.
Why grimly must your marrow plod?
Unknowns are known to God!"

--Rowe Hinsey

There will be a March fashion show and an April flower show, and the popular High Teas will be held monthly from January through April.

All of this is just a taste of what is ahead.

Holiday Music Programs Sparkle

A program, different from any ever presented here at Broadmead, was heard on November 22. The Baltimore Saxophone Quartet, led by Mr. Sydney Jensen, played music spanning three and one-half centuries, ranging from Bach to "Camptown Races." The beautiful harmony produced by these four musicians was greatly enjoyed by the audience. The remarks made by Mr. Jensen about the instruments and the music added to better understanding and appreciation of the program.

Dorothy Graham's niece, Nancy Ogle, a soprano with an outstandingly beautiful voice, sang here on November 26. She preceded each song with its English translation in a manner revealing her dramatic feeling. Very striking was her singing of the "Jewel Song" from Faust. A visitor, well qualified to judge, remarked that this program should have been held in the Lyric! Praise should be given to Eric Conway, a Peabody student, for his fine accompanying.

Rowe Hinsey opened the Christmas Season on December 5 with his violin concert entitled "Music for Advent." He played so beautifully--and entirely from memory--a carefully selected group of compositions. What planning and practicing must have gone into this labor of love! On his printed programs were included Bible Quotations which apparently led to his choice of music. As always, Aurelie Giles accompanied with great sensitivity. The unusually large audience was most enthusiastic.

Virginia Reinecke, on December 6, directed her Loyola Concert Choir which included undergraduates of the college as well as several graduate students and a few faculty members. The music, consisting largely of sacred music, was sung in beautifully modulated tones. The concert opened with three settings of "Hodie Christus natus est." Among the lighter numbers were "Tomorrow shall be My Dancing Day" and the "Twelve Days of Christmas." The audience showed great appreciation and enjoyment of the program.

Friends School's Mixed Chorus of sixty voices, December 9, walked through

the Auditorium and into the Lounge, singing as they came. Directed by Mrs. Elizabeth Wingate-Pinnachia, they sang many of their songs a cappella. A group of the singers known as "Chamber Singers" were accompanied by a few of the instrument students. An added attraction was the music of the harp played by Miss Deborah Fleisher. The "Alleluia" from Handel's "Messiah," beautifully sung, was a fitting close.

Tom Hall, the new Director of the Baltimore Choral Arts Society, brought his Chamber Chorus here on December 12. The group sang beautifully with such lovely tone quality, shading and interpretation that the music provided sheer listening joy. The varied program opened with an unusual arrangement, written by Mr. Hall, of "O Come, O Come Emmanuel." The final number by Mendelssohn was so exquisite that the audience sat spellbound.

--Eleanor Matthews

LOST OR TAKEN -- WHICH?

Wanted at Broadmead: A song entitled something like "Take Home Only What You Brought--No More, No Other." Then, this song should be played from breakfast time to midnight.

Why such a song? Because, lately, coats and hats are missing more than ever, and they are not being turned in at the Lost and Found Desk. The latest is a light top-coat, Burberry-type, water-repellent, purchased at Abercrombie-Fitch in Miami. Its owner is Charles (Chuck) Baldwin and he hung it in the principal area in the Center Building on Dec. 2 or 3. Not too far away was another coat of similar type but lighter in color and smaller in size. The smaller coat is still hanging in place--but Chuck's coat is somewhere else--certainly not in the owner's possession.

Chuck Baldwin admits that he had no identification in his coat. Moral: Every Broadmeader should place his name or other identification in, or on, all coats, umbrellas, rubbers, etc.

Will all males here please check to see if they mistakenly have the missing item.

Cluster Care Indispensable After One Year

RESIDENTS AND STAFF SEE CLUSTER CARE S VITAL PART OF TOTAL MEDICAL SERVICE

When a bicycle is seen outside the door of a cluster apartment, a member of the Cluster Care staff is likely to be inside, ministering to the medical needs of a Resident.

Home health care was developed at Broadmead just over a year ago, after the need was identified by both Residents and Health Care staff. In the eyes of staff, as expressed by Millie Gerst, Health Care Manager, "It has more than proved itself." In the eyes of Residents, who have had the benefit of this service, "It is indispensable."

This program (with Maryann Yentzer, R.N., as Coordinator, under the direction of Pat Brown, Coordinator of outpatient services) seems to have been destined for success from the outset. Ruth Flng, Residents Health Care Committee, reports that the highly qualified, temporary staff member, Ruth Ouimette, who conducted the pilot study "learned the needs by talking with Residents who needed such service; trained the staff who would deliver it; supervised the care given; and discussed the results with those receiving the help...." This enabled her to iron out problems as they arose, establishing the program on a sound basis.

With this foundation and the subsequent assumption of responsibility by Maryann, who has won the loyalty and devotion of staff and Residents, the quality of the program was assured. She and her nursing assistants, Kathy Kramer, Mary Coverdale, and Nell Winchester, who are certified medicine aides, are spoken of with unbounded appreciation by Residents who receive their service.

The full span of services provided by Cluster Care staff is described below.

One major facet of the service may be initiated when a Resident calls the clinic to report a health problem. Maryann, or one of the nursing assistants, may be dispatched to the apartment to evaluate it. She reports back to Pat Brown or Jean Roberts, both nurse practitioners, and, based on the assessment, combined

with access to the medical history, the next step is planned. In some instances it is a matter of at-home treatment and follow-up; in others a clinic visit is arranged immediately for further diagnosis, which too, may be followed by a period of at-home care.

Some hospitalized Residents, who previously would have been transferred to Hallowell Hall upon discharge, now can go directly to their apartments, with a detailed home-care plan. This may include changing surgical dressings, supervising medication, checking blood pressure, pulse, temperature, help with bathing if necessary, and other needed procedures to enable the patient to convalesce at home.

Discharge from Hallowell Hall to the Cluster apartment is similar to a hospital discharge, and the service is carried out in much the same way. In both situations, staff arranges for needed meal service or cart service to the dining room, and makes sure someone is available to shop for food and do necessary errands. Maryann points out, with barely concealed pride, that Broadmead neighbors are wonderful about looking after each other.

Some daily visits are made for supervision of new medication, checking the effects of changes in medications, or instructing patients in the management of complex medicating.

Cluster Care, like any good service, is changed from time to time in response to experience. For example, only recently, Maryann began the practice of calling on new Residents soon after their arrival. This added service insures that any immediate medical needs will be identified quickly. One new Resident commented after Maryann's visit, "It was enormously reassuring. In the midst of boxes and general confusion, I felt confident and connected with the medical service. Several nights later, when I needed it badly, I knew what to do."

Nearly all Cluster Care is time-limited with the goal of restoring patients to full independence. Progress is re-evaluated by Maryann at defined intervals

(Continued on next page)

CLUSTER CARE

(Continued from page 3)

and the service is either discontinued or resumed for another set period.

The exception to this policy is made when continuance of a minor service enables a Resident to function independently. For example, giving daily service to a person who needs help in donning therapeutic stockings may be all that is needed for that person to go about the normal business of living.

Pat Brown views health care at Broadmead as a continuum of preventive and therapeutic care, and hopes Residents will call "sooner rather than later." Early attention to a beginning illness often has prevented the development of a more acute or serious illness. As an arm of the out-patient clinic, Cluster Care, in Pat's view, spares the patient a trip to the clinic when ill; saves the delay that might occur if he or she had to wait for a clinic appointment; and saves the clinic staff's time on busy days, which, in turn, enables them to give attention to more patients who must be seen in the clinic. Of equal importance, it is an interlocking part of the total medical care system, receiving referrals from every branch, and adding a dimension of flexibility that increases the quality of health care throughout.

For the Residents who receive Cluster Care services, there is indisputable evidence that it immeasurably improves the quality of life. --DK

JOIN THE BROADMEAD PLAYERS!

Broadmead Players need more active members. Anyone interested should contact Isabella Jinnette either by phone, 666-8168, or a note in message box D-4. Casting for the next play will take place sometime in January.

"Logic! Good gracious! What rubbish!" exclaimed E. M. Forster's old lady. "How can I tell what I think till I see what I say."

"COPING WITH VISUAL LOSSES" EMPHASIZES PREVENTION AND MEANS OF ADAPTATION

A program on "Coping with Visual Losses" took place on November 17, sponsored by the Residents' Committee on Health Care.

Broadmead's Dr. Ronald Richter, ophthalmologist, discussed new techniques in management of cataracts, glaucoma, macular degeneration, diabetic retinopathy, and detached retina.....The most prevalent and treatable eye diseases. Prevention of blindness often depends on recognizing symptoms as they appear and seeking diagnosis and treatment promptly.

Resident Ann Bridge revealed "how to go blind without losing your vision." First she struggled through the "indigo blue" period. Second, she had to overcome depression and irritability by realizing she was not alone: everyone at Broadmead tried to help her cope with frustration, especially her husband. Third, she examined how to reverse the negative aspects of her life: use of gadgets to read, see television, sew, etc.

Most helpful was information from community agencies, the hospital clinics, the county library.

Eugene Spurrier, Supervisor of the Program for Visually Impaired and Blind at the State Department of Education, who is totally blind, surprised many Residents by his nonchalant outlook on life, indicating that blindness is a great inconvenience but not a catastrophe.

He endorsed the use of the clinic at Johns Hopkins Hospital and described simple ways of compensating for lost skills, i.e., putting a darker sheet of paper behind printed work, getting adjustable reading stands, memorizing and using dial telephones. Mr. Spurrier suggested the Baltimore Association for Visually Handicapped as a source for games, kitchen gadgets, watches, and check-writing devices. To cope with daily routine he suggested having everything kept in its assigned space. He closed the program with many practical and humorous tips which left the audience laughing.

--Ruth Ring

Jobs of Eric Thompson Many and Varied

SOCIAL SERVICE DIRECTOR'S RESPONSIBILITIES REACH INTO MANY FACETS OF BROADMEAD

Perhaps one of the least understood positions at Broadmead is that of Eric Thompson, Director of Social Services. His office has been moved into the Administration corridor to make him more easily available to the entire community.

But what does he do? To begin with, as required of all nursing homes, by the Maryland Department of Health and Mental Hygiene, he makes monthly assessment of all patients on Hallowell Hall. In accordance with State requirements, this covers patients' social and emotional well-being, and he sets up a care plan for each patient which is reviewed at three-month intervals.

Eric's job also includes a range of supervisory responsibilities. Under his direction, Cheryl Saintsing, the ward clerk, coordinates patient admissions and discharges with the social workers of various hospitals. She also notifies the Residents welcoming committee for Hallowell of newly admitted patients.

The activities programs of Penny Pentz and Sandy Krome, occupational therapists, and the volunteer programs under the leadership of Martha Gross, all come under Eric's supervision.

Eric holds weekly meetings with staff members from various service units who are in direct contact with Broadmead Residents. The meetings include Maryann Yentzer, Cluster Care coordinator; Phyllis Grammer and Evelyn Gough, housekeeping; Sandy Williams, dining room; Irene Norfleet, Taylor Hall; Carolyn Huffman, Director of admissions; Holly McFadden, program coordinator; Penny Pentz and Sandy Krome.

The purpose of the meetings is to alert the staff to new health problems among Residents, clear up rumors or misunderstandings, facilitate communication, and underscore the need for perspective and confidentiality. He also meets with the maintenance workers from time to time to discuss some of the same areas.

In still another area of responsibility Eric counsels with individual Residents when this is indicated.

Through this wide range of social service activities, Eric's work plays an active role in the care and concern for Residents shown throughout the staff.

Eric is a Quaker, originally from Philadelphia, who worked as an activities therapist at the Sheppard Pratt Hospital from 1966 to 1970. He finished his graduate work at the University of Maryland School for Social Work in 1972 and worked at the Levindale Geriatric Center for more than seven years before coming to Broadmead. He has a Masters degree in Social work and has passed the Boards of the Academy of Certified Social Workers.

He has been associated with the McKim Community Center in Baltimore since his days at Sheppard Pratt and is currently secretary of the Board there. He is a member of the Friends Counseling Service, and works with undergraduate students from the School of Social Work of the University of Maryland. He is also vice-president of the Charles Village Association where he lives.

Eric is married and has two sons. His wife Joan won a trip for two to Hawaii at the Lexington Market Cook-off this fall, which she and Eric took just before Thanksgiving.

--Dorothy Graham

Thanks and Credits

To Kathaleen V. Kennedy who, as a gift to the Residents, paid the fee for the Choral Arts Society which appeared here in concert on Dec. 12.

The anonymous donor who is paying for casters for all dining room chairs.

Another anonymous friend who made possible the remodeling of the bathroom in Holly House. (See Fireside Chat)

RESIDENTS' SUPPORT OF NATURAL DEATH ACT BILL CRUCIAL

A bill will be put before the Legislature shortly which is intended to lend essential statutory backing to the Living Wills many of us have filed with the Broadmead Health Care Department. It is titled the "Natural Death Act."

Fourteen states already have such statutes. The Maryland Bill is backed by the Maryland Medical Society and seven major religious groups have spoken out in favor of Natural Death Acts which safeguard the individual patient's freedom of choice.

The philosophy underlying the Right-To-Die-With-Dignity statutes is by no means new. A letter written about 15 years ago by a 90-year-old woman who fell out of bed in a nursing home and broke her hip follows:

"Dear Sons:

This letter is not a request, it is an order. I have tried to live with dignity and I want to die the same way. If my fate is such that I should become old and ill and unable to make a rational decision, you are hereby instructed to give the attending physician orders that he must not prolong my life by using extraordinary measures. If I am stricken with an illness which is irreversible, and unable to speak for myself, please speak for me. I want no surgery, no cobalt, no blood transfusions and no intravenous feedings. Instead, please see to it that the physician gives me plenty of medication and sedatives. This letter of instruction will relieve you of the burden of making the decision. It is made. I have made it. My thanks and my love.

Mother"

Soon after the first of the year, when the Bill (HB-301) is assigned to a Committee and information is received from Delegate Dr. Sheila Hixson of the Maryland House of Representatives about the action that Residents may wish to take, you will be notified.

--Mildred Beck

Chair, Subcommittee on Living Wills
Residents Ass'n. Health Care Comm.

Food Service Update

It has been learned from Martin Trueblood and Rich Compton that they have instituted quarterly evaluations of the food service contractor and the food service management team. The results are shared with the Service Systems contractor and with Gil Van Houten and Michael Goldberg to enable them to build on strengths and improve areas of weakness.

Factors evaluated include: Health practices; inter-departmental cooperation; management of budget; quality of service; and Resident satisfaction.

The Residents' Food Service committee was involved in the evaluation for the months of July through September. Input from a larger segment of the Resident population for the next evaluation period is desired. Look forward to responding to short evaluation forms which will be placed on the dining tables once or twice monthly. The first one appeared on December sixth with a large number of Residents completing it. Your cooperation is appreciated.

The more we hear from you, the better we can respond.

Comments should be placed in the Resident mailbox of Winifred Kinn--J-6. It is also appropriate to communicate with the food management staff or administrative staff members, if you prefer to do so.
--Vivian Cord

NEW DRAMA COURSE OFFERED

A course, Myths and Moderns, the Classical Tradition of Drama, will be presented by the Goucher Center for Educational Resources, Jan. 6 - Feb. 10. The class will meet six Thursdays in the auditorium, 1:30-3:00 p. m.

The lecturer, Dr. Virginia Caruthers, teaches literature at the Yale Gordon College of Liberal Arts, University of Baltimore, former member of the English faculty at Goucher.

For information and late registration, call Anne Niles, or Goucher Center, 337-6200.

NATIONAL PROBLEM SEEN
IN STEEL MILL CLOSINGS

Staughton Lynd, historian and labor attorney, speaking in the auditorium on the afternoon of Nov. 30, stated that the financial difficulties of industry should not be allowed to destroy the economic and social fabric of the communities in which they locate their plants.

Mr. Lynd was "in the thick of the battle" against the closings of three steel mills in Youngstown, Ohio, during 1977-1979. He witnessed the destruction of family and community life caused by this disaster which has resulted in a current 20 percent unemployment rate.

After the first of three plant closings, leaving 5000 workers unemployed, Mr. Lynd and his colleagues studied the causes. They concluded that plant closings were not caused by Japanese imported steel, excessive environmental regulation, or depressed prices--as had been commonly assumed; these factors and over-all profits compared favorably with most of other steel-making nations.

The major causes of closings were, and continue to be, the failure of steel corporations to modernize their existing plants. To maximize profits, they either close the old plant and start from the ground up in new locations ("greenfield") or invest their capital in other less capital-intensive industries.

Mr. Lynd contends that industry, after using a community and becoming an integral part of the economic and social fabric, should not be allowed to uproot and walk away, without regard to the social disaster that follows. He believes that the time has come in America for a "T.V.A.-like" steel authority to acquire plants which the industry does not want to modernize, and to run them under community ownership.

Because of the capital-intensive nature of steel-making, this would require a great deal of federal funding--a prospect which will be feasible "only when the complexion of the national government has changed."

Staughton Lynd's most recent book,

New Residents

GEORGE and MARY DOWELL--K-6--667-1780. Mr. Dowell is semi-retired from the Baltimore law firm which also includes Resident Bobbie Richardson. He is an avid sports enthusiast and supporter of the Colts. Mrs. Dowell does volunteer work at the OHMC Gift shop, loves to sew and do other handwork. They enjoy travelling and he does much photography on their annual trips.

ETHEL SINGEWALD (Mrs.) T-370--667-0406. Born in Maryland, Mrs. Singewald moved to Broadmead from Draxel Hill, Pennsylvania, where she had lived many years. Her recreations are concerts, handwork, knitting and other arts and crafts.

NEW AGE GROUP

All Residents are welcome to inquire about the New Age Group which meets on Mondays for terms of several weeks at a time, in the Seminar Room at 2. Visitors are welcome, too.

New Age is a discussion group interested in becoming familiar with some of the new, and sometimes esoteric, concepts that are making the 1980's so challenging. Each series focuses on a book chosen by the group. The series of 12 weeks, beginning on January 10, will be based on The Aquarian Conspiracy, by Marilyn Ferguson. Books can still be ordered. Write or call Claire Walker for more details, after January 2..

(The Fight Against Shut-downs: Youngstown's Steel Mill Closings, SingleJack Books, Box 1960, San Pedro, Ca., 1982) gives a detailed, compelling account of the conflict between the interests of corporate employers and the welfare of the communities in which they locate, and of strategies for meeting these problems in the future.

It was Broadmead's good fortune that a family visit brought Mr. Lynd to visit his wife's parents, Mary Cushing and Harry Niles.

New Book by Harry Dowling

Broadmead's Dr. Harry F. Dowling has given our library a copy of his new book, City Hospitals, the Undercare of the Underprivileged (Harvard University Press, 1982.) This excellent history of public medical care begins in the time when Henry VIII closed the English religious institutions. The burden of the poor was thrown into the public domain. Communities responded by building almshouses of the kind Dickens wrote about four hundred years later.

This book provides facts and figures for similar institutions in this country, and carries the story of public medical care through the 18th, 19th, and 20th centuries. The book is impressive in its scope, its meticulous research, its analyses, and its conclusions.

Harry Dowling's qualifications include extensive experience as physician and administrator and superior ability to present technical material in narrative style. He was a Visiting Scholar at the National Library of Medicine during the writing, with access to all facilities and persons throughout the country who could supply pertinent information. By assessing public medical care of the past and present, Dr. Dowling shows the direction in which city hospitals are moving. In the final chapter, entitled Problems, Protests and Possible Solutions, he makes recommendations for the future.

We congratulate Harry Dowling on this monumental accomplishment.

--Harriette Shelton

"The richest life for each person lies in the development of the unique union of faculties that is his. 'Our aims,' said Emerson, 'should be adjusted to our powers.'"

Each one of us has duties and possibilities that differ from those of every other living person, or indeed of anyone who has ever lived. As F. L. Lucas says, 'Every person one passes in the street is a universe walking on two feet.'"

Brand Blanshard

The Uses of a Liberal Education

MARTIN EXHIBIT BRINGS PRAISE FROM CRITICS JUBILATION AND THANKSGIVING FROM FRIENDS

Devotees of Keith Martin, everywhere recognized as "one of Maryland's four major artists," crowded the C. Grimaldis Art Gallery when this artist and Broadmeader and his works opened his fourth one-man exhibit.

What they saw were some of Keith's oils and water colors for which he is well known and which have appeared in some galleries before. More viewers were attracted, however, to the "Fragments of the Inner Vision"--22 collages not seen before and which exist because of what some call a "miracle," and others will see as another testimony to the greatness of personal willpower.

These collages, and some 50 others, were created during the winter of 1982, after Keith Martin had been declared medically and legally blind; but that "inner vision" was there! This point is stated best by John Dorsey, critic of the SUN:

"Suddenly, in Florida last winter, using the little peripheral vision he has left, he made a picture. And then another, and another. Soon he was working almost feverishly, releasing the pent-up creativity of the barren years."

John Dorsey and other critics agree. Dorsey observes that "there has been no diminution of creativity or of inner vision. If anything, there has been an increase in range from the earlier collages....."

In conversation, Mr. Grimaldis was in ecstasy over the new works of Keith Martin. "I was thrilled when I learned he had done these collages and it would have been unfortunate for all of us if he had not done this work. They represent an extra step...a development beyond....and a new stage."

Many times Mr. Grimaldis expressed how happy he was to have Keith Martin as part of his "stable," together with Herman Maril, Eugene Leake, and Grace Hartigan. These four, Mr. Grimaldis added, are "major American artists."

--QJF

FIRESIDE CHAT HIGHLIGHTS

The December Fireside Chat focused mainly on the organizational shift in the Food Service department. Gil Van Houten, responsible to Rich Compton, remains as manager of Food Service, but simultaneously moves up to the position of district manager for Service Systems. He will have increasing responsibilities in that position as the company expands its business in Maryland.

Doug Bareis, who was introduced at the meeting, is the newly appointed service manager in charge of the main dining room. He is responsible for assuring the quality of service in the dining room, and employing, training, and supervising dining room staff. In the near future, he will assume responsibility for Holly House special functions.

Doug brings substantial food management experience, in both kitchen and dining room, to this job.

Michael Goldberg, second in charge, well known to Residents, is food production manager in charge of the kitchen end of the food service operation, with responsibility for purchasing, staffing, training, overall management.

Beth Oursler, while still in a training position, is fully qualified for her position as operations supervisor in the Health Care unit and Coffee Shop.

Meg Muth, registered dietitian (see Nov. Voice) currently is participating in patient care meetings, following every step of food service in the Health Care unit, and arranging one-to-one meetings with Cluster Residents regarding diets prescribed by physicians. She is examining menu cycles with an eye to nutritional needs and standards. On Dec. 2, Meg held an evening kick-off meeting on nutrition, with Residents. Future meetings will be scheduled for more specific content.

According to Gil, Betty Loud, secretary, is the center and moving spirit of the entire administrative staff.

Gil's plea to Residents is to please fill out and return all holiday forms for meal attendance, as he must rely on these for an accurate count of the number of

meals to be served on holidays. Without them--chaos!

Arrangements for guests should be made at the front reception desk only.

A Resident proposed that the use of the name Snack Bar be dropped in favor of Coffee Shop, which is more appropriate. This proposal was received with enthusiasm.

Gil pointed out that the serving staff members are the "life blood" of the quality of dining room service. They are young, nonprofessionals, probably preoccupied with school or other personal matters. They care a lot for the Residents, and they need an opportunity to learn on the job, part of which can come from Residents' observations. Gil will appreciate "feedback on their performance when less than positive." This can be used to reinforce training of the entire staff, which will help both the individual and over-all service.

General Information

Martin announced that in weeks ahead maintenance staff will be checking apartment attics for uniform insulation.

An anonymous gift has been made for the purchase of casters for the dining room chairs. The trial use of the chairs with casters brought enthusiastic or neutral, but no negative responses.

Another generous gift made it possible to remodel Holly House bathrooms to provide one for each guest room.

The first annual party for employees, held Friday, Dec. 10, was attended by 250 people, which included employees and guests. It was a great success!

LETTER TO A CAMEL

Dear Sir:

Please advise
When you travel
On your little store
Across a wasteland of desert and sand,
Do you think of the next oasis
Or the last one?

--Jeannette W. Watermann

DISCUSSION GROUP REMEMBERS NEW DEAL YEARS

From a background rich in experience as trouble-shooter for Secretary of the Treasury Morgenthau in the 1930's, Sidney Sherwood recalled to Discussion Group members the New Deal Era in American history. Speaking on Tuesday, Dec. 7, as a former Brain-Truster, and from years of work in international finance, including service as secretary of the Export-Import Bank, Sidney opened up an exchange of memories and concerns to which more than a dozen other members of the Group contributed.

Sidney recalled that we had come from "normalcy" under Harding, to the "dead-pan" administration of Coolidge, then the euphoria of the late 1920's to the deep Depression beginning in 1929. When Franklin Delano Roosevelt was elected in November, 1932, a four-month interregnum of real desperation developed until the new President was inaugurated in March, 1933. Then FDR's response, a dramatic time in our history, sounded the note of hope with the now familiar theme: The only thing we have to fear is fear itself.

Behind the series of emergency measures he pushed through Congress was his thought, "If we are right 75% of the time, at least we are moving." Among clearly temporary adjustments were some innovations that have since become established government policies and would be very hard to abandon now. The bank holiday was an emergency measure, but the FDIC and SEC still have important functions. Likewise, the Civilian Conservation Corps and the Agricultural Adjustment Administration began as temporary relief but have remained in our thinking to this day. A very significant innovation was Social Security, now in big trouble (partly because of the simultaneous increase in the older population and decrease in payments into the fund) but firmly relied upon by millions of retired or disabled citizens. Without doubt many New Deal concepts have proved themselves.

Sidney concluded his talk by quoting from an intended address in 1945 which death prevented the fourth-term President from ever making: "The only obstacles to our realization of tomorrow are our doubts of today. Let us move forward

with strong and active faith."

Before opening this meeting, Kenneth Walker explained that the next meeting in January would usher in a change of format. In 1983 lecture sessions in the auditorium will alternate with informal discussions based on the Wye Institute pamphlets on government.

-- Claire Walker

OUR EXTENDED FAMILY

Resident Anita Corfman's granddaughter was given special recognition in a review of Cymbeline at the Arena Stage in Washington, D. C. R. H. Gardner, theatre critic for the Baltimore Sun, wrote in the Sun, Dec. 10, "But apart from the spectacle offered by the production itself, there is only one real reason to see this show, and that is Caris Corfman. Imogene has been called 'the magnet attracting readers to Cymbeline,' and Ms. Corfman--who is not only beautiful but so feisty that at times her tiny body seems to fill the stage--plays her to perfection."

Anne Morrow Lindbergh writes:

People talk about love as though it were something you could give, like an armful of flowers. And a lot of people give love like that--just dump it down on top of you, a useless strong-scented burden. I don't think it is anything you can give.

Love is a force in you that enables you to give other things. It is the motivating power. It enables you to give strength and freedom and peace to another person. It is not a result; it is a cause. It is not a product; it produces. It is a power, like steam or electricity. It is valueless unless you can give something else by means of it.

--Locked Rooms and Open Doors
--Courtesy Margaret Cromwell

A HAPPY NEW YEAR TO ALL

MOVIES

Tuesdays 7:15 p.m.

Place: Auditorium

JAN. 4 - "Life With Father" (Color- 118 min.) The classic slice of Americana, based on Clarence Day's memoirs. Irene Dunn and William Powell, with Zasu Pitts and Edmund Gwenn. A happy way to start a Happy New Year!

JAN. 11 - "Yellowstone Cubs" (color - 47 min.) A Walt Disney special--two bear cubs, separated from their mother, blaze a hilarious trail thru Yellowstone Park.

JAN. 18 - "The Miracle of The White Stallions" (Color - 115 min.) A follow-up to the current U.S.A. tour of the Viennese Lipizzan horses. A spectacular true story of World War II, filmed in Austria. Don't miss it!

JAN. 25 - "Hang Your Hat on the Wind" (Color - 47 min.) A story of a Navajo boy and an escaped race horse. "Walt Disney" on an animal story is like sterling on silver. Be there!

HALLOWELL HALL

Every other

Tuesday 3:00 p.m.

Place: West Lounge

JAN. 11 - "Yellowstone Cubs" (See above)

JAN. 25 - "Hang Your Hat on the Wind" (See above)

DISCUSSION GROUP

The first meeting of the Discussion Group in 1983 will be on January 11 at 10 a.m. in the Lower Lounge.

Members will discuss the pamphlet by John Gardner entitled Toward a Pluralistic But Cohesive Society, copies of which are available for study in the Seminar Room. If you take one home to read, please return it within 24 hours.

--Ken Walker

DEADLINE FOR NEXT ISSUE: JAN. 14, 1983.

PROGRAMS

(In the Auditorium unless otherwise specified)

Sunday, Jan. 2 - 4-6 - in Lounge and Auditorium - Trustees' Reception for all Residents

Wednesday, Jan. 5 - 1:30 - Health Program: "Diabetes: Awareness for Us" - Dr. Alonso Janoski, endocrinologist, and Meg Muth or Kathe Yerkes, dietitians, chaired by Dr. Robert Maso

Sunday, Jan. 9 - 2:15 - in the Lounge - Hymn Sing

Monday, Jan. 10 - 10:30 a.m. - Fireside Chat in the Lounge

Wednesday, Jan. 12 - 1:30 - Book Review by Mary Becker Smith: I Really Should Be Practicing, by Gary Grassmann

Saturday, Jan. 15 - 1-8 p.m. - Hobby Show

Monday, Jan. 17 - 7:15 - in the Lounge - Trustees' Welcome Coffee for new Residents

Wednesday, Jan. 19 - "Down Mexico Way" - gala all-day festival. Watch for notices.

Saturday, Jan. 22 - 7:15 - "The Nuclear Age - Time of Crisis" - talk by Mal Gross

Wednesday, Jan. 26 - 1:30 - "Birds, Familiar and Exotic" - slide-talk by Waldon and Suzanne Kilmon

Friday, Jan. 28 - 7:15 - "What Yoga Can Do For You" - talk-demonstration by Margarete Davis

Sunday, Jan. 30 - 4:30-6:30 - in the Lounge - High Tea

The Nuclear Age - Time of Crisis will be the subject of a talk by Broadmead's Mal Gross on Saturday evening, January 22, at 7:15 PM in the auditorium. He says that while the talk will be as objective and unemotional as possible, no one should attend who is not willing to listen to disturbing facts.

News From The Board

In October, the Board of Trustees of Broadmead approved the appointment of the following persons to serve on the Hallowell Room Committee: Trustees--Helen Riley, Edyth Schoenrich (Co Chrm), Tom Barnes, Worth Daniels, Charles McCarthy, and Lois Forbush (ex officio); Resident--Alice Tobler; Staff--Millie Gerst and Martin Trueblood (ex officio).

This Committee is meeting and investigating options available to Broadmead in regard to the desires of residents to have single rooms while on Hallowell Hall. The options will be weighed with the desires of residents in mind as well as the financial impact upon the community. Presently information is being gathered upon which a responsible recommendation can be made to the Board.

--Helen Riley
Edyth Schoenrich (Co Chrm)

Word has been received from Pat Matthews that past and future volumes of the Voice of the Residents will be bound and placed in the library and in the administration office. The past issues are presently at the bindery.

This action was taken by the Memorial Committee, under the Chairmanship of Pat Matthews and approved by the Broadmead Board.

The annual binding of two sets of each volume of the Voice has been incorporated into the memorial plan, recognizing that "this already-established vehicle serves as a running history of activities, accomplishments, contributions, and acknowledgements, giving recognition to the history of services of both Residents and Staff members."

STAFF RED CROSS BLOOD PROGRAM

Rich Compton writes: Twenty-two Residents and six Staff have received 122 pints of blood through the Red Cross Blood Assurance Program at Broadmead Between 8/80 and 12/82. During this same period Staff donated 75 pints of blood during several Bloodmobile visits.

In Memoriam

LILLIAN W. BAGBY

July 14, 1901

November 27, 1982

RUTH B. (FREEMAN) FISHER

December 5, 1906

December 2, 1982

FRANK H. NARY

February 16, 1905

November 24, 1982

MATTHEW R. PURVIS

July 8, 1898

December 16, 1982

VOICE OF THE RESIDENTS

Published by and for
The Residents Association of Broadmead
Kathaleen V. Kennedy, President

EDITORIAL

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Dorothy Graham, Assistant Editor

Nancy Rowe, Nature Editor

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Margaret Tylor

Mildred Tyson, Treasurer

Laura Pindell and Tony Bonta

Non-Resident Art Volunteers

Mailing Address: Broadmead G-2
13801 York Rd., Cockeysville, Md. 21030

EXTRA

The script written by Grace Purvis for the Gypsy fortune-teller (Esther Mahan) in Halloween Brew is reproduced here by popular demand.

Gypsy to candidate 3 - Male

You live at the Haunted House on the Hill - Broadmead.

Lots of human beings live there. Your claim to fame lies in knowing each one's name. You don't? Your fate depends on learning them so I will help you out tonight. Now, listen carefully!

You are going on a trip - to the A & P. This is unnecessary for you have services around you -

1 Miller, 3 Bakers, 2 Taylors, 2 Masons, 2 Wainwrights, and 1 Butler.

If you want to take a trip, Rowe down to the Bridge some day and show what a Hardy guy you are. But beware! If you act like a King and Lord it over everyone, they will react like Dill and Sauer pickles.

Candidate 4 - Female

You will find some Keyes on a Ring in a Hall. They belong to a Ford Carr. You have a Close Link to the owner. He is Kinn to you - one of your long lost Cousins.

You are a Hardy soul. You Wake early and are quite a Walker. Stay away from the Woods where the Wolf devours the Lamb and Campbell (camel) devours the Wolf.

Always carry your Speers to Pearce attackers.

You are a Willan worker. You are helpful to people of all shapes, sizes and colors, Brown, Black, White.

You will prosper the 3rd of each month and live happily ever after.

Candidate 5 - Male

Your creditors are Dunning you, young man. You must draw some money from your Banks to pay them instead of placing Betts at the Downs.

Also, you are quite a Kidder. Start drinking your ale by the Stein instead of by the Case.

You are the man who gathers the Woods by the Cord or Gross, Burns it til the Sparks fly and then Stokes the fire.

You will always lead a hot life with a cooling off period now and then. But, mind you don't get any Wilder!

NEW YEAR'S RESOLUTIONS

FRIDAY, December 31 (New Year's Eve)

Psalm 90. Teach us to number our days that we may apply our hearts to wisdom.

Erna Bombeck wrote a column in 1979 that should become a classic. She listed some things she would do differently, given a chance to live her life over again. A few excerpts will give food for thought as we prepare to write upon the new slate of 1983:

"I would have invited friends over to dinner even if the carpet was stained and the sofa faded...

"I would have taken the time to listen to my Grandfather ramble about his youth...

"I would have cried and laughed less while watching television, and more while watching real life...

"When my child kissed me impetuously, I would never have said, "Later. Now, go get washed up for dinner"...

"There would have been more I love yous...more I'm sorrys...more I'm listenings...but mostly, given another shot at life, I would seize every minute of it...look at it and really see it...try it on...live it...exhaust it...and never give that minute back until there was nothing left of it."

--Courtesy of Margaret Cromwell

GN'S OLDER AUTHORS OF THE YEAR AWARDS

SPONSORED BY GERIATRIC NURSING

THREE PRIZES: \$300, \$200, \$100

TOPIC: What I Expect from the Nurse. An article, essay, or opinion piece (no poetry, please) telling in 1,500 words or less how you, the author, expect a nurse to help you in health or illness. Base the entry on your experience with nurses who have worked with you, your friends, or relatives.

CONTESTANTS: Any person who is 70 or older and has never worked as a registered or licensed practical/vocational nurse.

JUDGES: Nina Argondizzo, RN, department head, New York Hospital-Cornell Medical Center School of Continuing Education for Nurses.

Margaret McClure, RN, executive director of nursing, New York University Medical Center

Thelma Schorr, RN, president, American Journal of Nursing Company

Judges' decisions final. Entries become the property of Geriatric Nursing.

CRITERIA: Judging will be based on answers to these questions:

Does the entry contain information and ideas that will help nurses in their care of older adults?

Does it reflect the author's experience with nurses?

Is it clear?

GUIDELINES: Start now--no application form needed. Just follow these rules:

Type entry double spaced on one side of 8½" x 11" paper.

On a separate sheet, list your name, age, address, and telephone number.

Submit original plus 3 copies (4 total). Entry must not have been published.

Mail your entry no later than January 31, 1983, to:

Older Authors of the Year
Geriatric Nursing
555 West 57th Street
New York, New York 10019

Winners will be announced in GN's May/June 1983 issue.

BETHANY VILLAGER --Courtesy of Nancy Rowe